

**CALLING ALL
HIGH SCHOOL GIRLS!**



**FREE CLINIC
Fri 5:15-6:15am**

Feb. 12

Feb. 19

Feb. 26

March 5

PAY AS YOU GO CLINIC

Wed 6:00-7:30 p.m.

**Cost is \$20 per person
each time.**

**Starts January 27th and
runs for 8 weeks.**

**Both clinics
taught by Rick!**

Take Note:

- All Shoes are now 10% off
- Racquet Bags 50% off. Now only \$20.00
- We have a drop box in the lobby for cash/checks which will serve as a SUGGESTION box as well. Please fill one out. WE welcome your suggestions/comments.
- CHECK OUT the lost and found!

Split step – a footwork technique performed by doing a small hop just before the opponent hits the ball ...

New Year ~ New Strings ...

This is a great time to re-string! See Nelson for information on which strings are good for your game.

Interclub Matches Are Here!!!!

ALL JUNIOR PLAYERS:

Here is a list of all the scheduled interclub matches:

February 6– Muncie (**cancelled**)

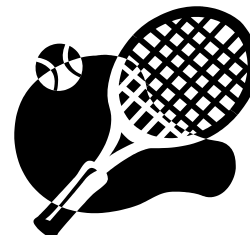
February 20– Kokomo

March 6 - Terre Haute (Leave from Team Witsken at 2:15, Play from 3:30-6:30)

March 13 - Muncie (Leave from Team Witsken at 2:15, Play from 3:30-6:30)

The cost is between \$30 and \$40 per person for the three hour match, transportation, pizza and drinks!

Matches are singles/doubles format with on-court coaching.



CONGRATULATIONS COACH RICK!

Rick Witsken will be inducted into the Indiana High School Tennis Hall of Fame on Saturday, February 5th at the Barbara S. Wynne Tennis Center on the North Central High School campus. A reception followed by the induction banquet begins at 6:30 p.m. If you would like to attend this event, contact Tim Cleland at (765) 730-3288.

Rick was a High School singles champion two times and runner up his sophomore year. His team won the state title in 1998. He has been teaching tennis in Indiana for 20 years.



TEAM WITSKEN TENNIS TIP

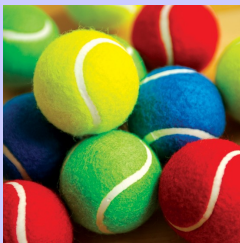
With the new year beginning, it is a good time to think about ways to improve your tennis game to get you ready for spring or summer leagues! One simple way of improving your game is to think about your footwork. Take a look at the pros during the Australian Open and watch their feet as they prepare for shots and as their opponents prepare for shots. You will notice the footwork as they approach the ball is constant. The pros will take many adjustment steps as they approach the ball to prepare for their shots! Also notice the footwork of the pros as their opponents prepare to deliver a shot back. One thing you might notice that can help you is a quick split step as the opponent prepares to strike the ball. This small split step will balance out the pros so that they may change direction quickly. It would be hard to run back to the deuce court to hit the ball back if you are already moving toward the ad court. While you may not totally be hitting like a pro, this footwork can make it easier for you to prepare for shots, get to more shots, and in the long run, start improving your tennis game! Good luck everyone and see you on the courts!

Welcome Linda

Team Witsken welcomes Linda Pritz as our new Webmaster. A new look is just around the corner for www.teamwitsken.com and www.indytennisleague.com!

"I have always

weapons."



WHAT YOU NEED TO KNOW:

WORKOUT OPPORTUNITY

We mentioned to you in our last newsletter that a new indoor fitness room was available for you to workout in at Pickwick.

However, you have to be 18 or older to use it. We are sorry for any inconvenience for those of you who came to work out and could not!!

RICK WITSKEN TO PLAY IN INDIANAPOLIS PLATFORM TENNIS CHAMPIONSHIPS

Don't miss the 34th annual **Indianapolis Platform Tennis Championships** taking place on February 19-21. **GO RICK!!!**

BALL MACHINE

Our new ball machine is here and waiting to be used:

\$5 plus court fees (\$20/hr)

It is a great way to work on a new stroke or grip.

NEW PEE WEE CLINIC

Team Witsken is opening up a new clinic for Pee Wees (ages 4-5) on Sundays. This clinic will begin at 1:45 and run for 45 minutes.

Sun 1:45 - 2:30 p.m.

2010 GROUNDHOG 7 RACE

Join Coach Looney on Sunday, February 7 at 1:00 p.m. for the **38th Groundhog 7 Race**. This annual 7-mile charity run benefits Gleaners Food Bank.

Registration opens at 11:30 a.m. at Zionsville HS located at 1000 Mulberry Street, Zionsville, IN.

No Entry Fee! Please bring a dry food item with you for Gleaners!



Sign up in advance by contacting Kris Looney at

2010 PROTOCOL FOR TEAM WITSKEN:

REGISTRATION:

First week of every session, a Team Witsken employee will be here registering all students/players and collecting clinic fees. It is essential that all clinics are paid in full by the second week of each session.

DELINQUENT ACCOUNTS:

We have a number of delinquent accounts that need to be paid in full. Starting Jan. 2010, all accounts that have not yet been paid will accrue a \$5 a

month late fee. Please talk to Rick if you have any questions re: this.

PRIVILEGE LESSONS:

If you take private lessons at Team Witsken you must set up an account either securing your private lessons with a credit card or you may pre-pay for lessons up front. **YOU MUST** cancel 24 hours before your scheduled lesson or you will be charged the full amount.

STRINGING:

You can drop off your racquet with anyone at Team Witsken. You must pay for the re-stringing before you pick it up.



ITL Contact Information

Marla Rao
ITL Administrator
317-797-5190
marla@teamwitsken.com

Rick Witsken
League Commissioner
Men's/Women's
League Coordinator
317-372-1656
rick@teamwitsken.com

Kris Looney
Women's League
Coordinator
317-366-7040

INDY TENNIS LEAGUE ... ITL www.indytennisleague.com

WHY JOIN THE ITL?

The Indy Tennis League has men's/women's/and mixed doubles leagues available.

- *no membership fee
- *no hidden fees
- *less expensive than other leagues
- *play with friends or on the same team with friends who are on a different level

WOMEN'S SPRING LEAGUE

Play will be on Mondays and Wednesdays beginning on April 12th. Sign up ends April 1st.

MEN'S WINTER LEAGUE

Any 3.5 player or higher can still join us on Sunday nights from 8-10 p.m. at the Carmel Racquet Club.

MEN'S SUMMER LEAGUE

The Men's summer league starts with the draft on Sunday May 9th at 6:00 p.m. The league runs for 10 weeks starting May 16th with a playoff week beginning August 4th. Play will be on Sundays from 1:00-3:00.

CONTACT US:

Marla Rao
ITL Administrator
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